



## CARDIAC HEALTH CHECKUP (CHC)

Height, Weight, BMI, BP

1. Complete Blood Count
2. ESR
3. Fasting Blood Sugar, PP Blood Sugar
4. Urea, Creatinine, Uric acid
5. Sr. Electrolytes
6. TSH
7. Lipid Profile
8. Liver Function Test
9. Urine Routine
10. ECG (Resting)
11. X-Ray Chest - PA View
12. Treadmill Test (TMT)
13. Pulmonary Function Test (PFT)
14. Echo Cardiogram
15. Diet Counseling
16. Cardiac Consultation



## WELL WOMEN CHECKUP (WWC)

Height, Weight, BMI, BP

1. Complete Blood Count
2. Blood Sugar
3. TSH
4. Urine Routine
5. Stool test Routine & Occult Blood
6. Chest X-ray
7. ECG
8. Ultrasound Abdomen & Pelvis
9. Pap Smear
10. Mammogram
11. Vitamin D3 level, Sr. Calcium  
\*(above 40 yrs. - charged extra)
12. Dental Screening
13. Physical exam including Breast & Gyn  
check by a Gynaecologist
14. Diet Counseling



## KIDNEY CHECKUP (KC)

It is a preventive Health Checkup introduced for early detection of kidney diseases.

Height, Weight, BMI, BP

1. Complete Blood Count
  2. Blood Sugar
  3. Blood Urea, Creatinine, Uric acid
  4. Urine Routine
  5. Sr. Electrolytes
  6. X-Ray - KUB
  7. Ultrasound Abdomen - KUB
  8. Physical Examination by a Consultant Physician
  9. Diet Counseling
- \*Urologist / Nephrologist Consultation (if needed charged extra)



## BASIC KNEE SCREENING PACKAGE (BKSP)

Height, Weight, BMI, BP

1. Complete Blood Count
2. Urine Routine
3. Uric acid, Rheumatoid factor, ASO, CRP, ESR
4. X-ray both Knees AP & Lateral (standing) + Sunrise view
5. Ortho Consultation
6. Diet Counseling

Prevention is better than Cure

**DR JEYASEKHARAN MEDICAL TRUST**  
**DR. JEYASEKHARAN HOSPITAL & NURSING HOME**  
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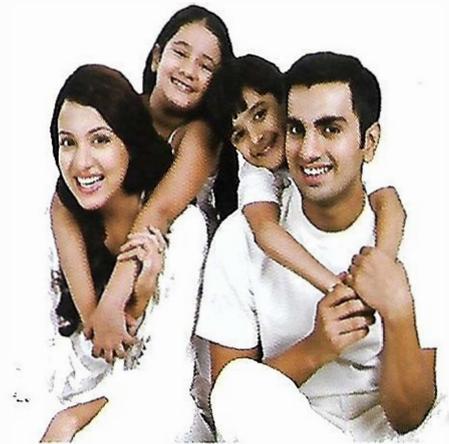


**Dr. JEYASEKHARAN MEDICAL TRUST**

**Dr. JEYASEKHARAN HOSPITAL  
AND NURSING HOME**

**HEALTH CHECKUP PACKAGES**

Preventive Health Care Services



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## DR. JEYASEKHARAN HOSPITAL AND NURSING HOME

The Master Health check up plays an important role in maintaining health. Keeping this in mind, we at Dr. Jeyasekharan Hospital & Nursing Home have specially designed Master Health Packages for you. Go through the health packages and get a checkup today.

### LIST OF PACKAGES

1. Master Health Checkup (MHC)
2. Cardiac Health Checkup (CHC)
3. Well Women Checkup (WWC)
4. Kidney Checkup (KC)
5. Basic Knee Screening Package (BKSP)

### GUIDELINES FOR PACKAGE INVESTIGATIONS

- Please register for the health Checkup with the **Reception Cell No : 9842333907**  
This helps us to serve you better and work faster.
- You are advised to come for the Health Check up on **an empty stomach between 6-8 am.**
- Please bring all your previous medical records and current medications with you.
- You are advised to take your regular medications, except those for diabetes as you are starving.
- Report to the Express Lab counter at the front office to make payment and give the 1<sup>st</sup> Blood sample.
- Please report to the Express lab counter for the 2<sup>nd</sup> set of blood test, **2 hours after taking breakfast**
- Drink a lot of water and remain bladder full before USG of the lower Abdomen.
- In case a woman is pregnant she must inform the Doctor & X-ray dept before any radiological investigation.
- All the investigation reports will be available on the same day
- Once investigations are ready you will see your health check up doctor for evaluation and advice.
- These checkups may take 4 to 8 Hours of time, depending upon the package.

## MASTER HEALTH CHECKUP (MHC) - I

This package is recommended for Adults below 30 years

**For Men**  
Height, Weight, BMI, BP

**For Women**  
Height, Weight, BMI, BP

### 1. Haemogram

- Haemoglobin
- Blood group & Rh Typing
- Complete Blood Count
- ESR

### 2. Bio Chemical Parameters

- Fasting Blood Sugar
- PP Blood Sugar
- Hb A 1 C
- Urea, Creatinine
- Uric acid
- Sr. Electrolytes

### 3. Lipid Profile

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- VLDL

### 4. Liver Function Test

- Total Protein
- SGPT, SGOT
- Alkaline Phosphatase
- Sr. Bilirubin

### 5. Other Test

- HBsAG, TSH
- HIV Screening (Optional)
- Routine Urine Analysis,
- Stool Test - Occult Blood, Ova cyst (optional)
- ECG (Resting)
- X-Ray Chest - PA View
- ECHO
- Ultrasound Abdomen
- Dental Screening
- Physician Consultation (History & Clinical Examination, Medical Advice)
- Diet Counseling

### 1. Haemogram

- Haemoglobin
- Blood group & Rh Typing
- Complete Blood Count
- ESR

### 2. Bio Chemical Parameters

- Fasting Blood Sugar
- PP Blood Sugar
- Hb A 1 C
- Urea, Creatinine
- Uric acid
- Sr. Electrolytes

### 3. Lipid Profile

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides, VLDL.

### 4. Liver Function Test

- Total Protein
- SGPT, SGOT
- Alkaline Phosphatase
- Sr. Bilirubin

### 5. Other Test

- HBsAG, TSH, Free T<sub>4</sub>
- HIV Screening (Optional)
- Routine Urine Analysis
- Stool Test - Occult Blood, Ova cyst (optional)
- ECG (Resting)
- X-Ray Chest - PA View
- ECHO
- Ultrasound Abdomen
- Dental Screening
- Physician Consultation (History & Clinical Examination, Medical Advice)
- Gynae Consultation
- Diet Counseling

## MASTER HEALTH CHECKUP (MHC) - II

This package is recommended for persons above 30 years

**For Men**  
Height, Weight, BMI, BP

**For Women**  
Height, Weight, BMI, BP

### 1. Haemogram

- Haemoglobin
- Blood group & Rh Typing
- Complete Blood Count
- ESR

### 2. Bio Chemical Parameters

- Fasting Blood Sugar
- PP Blood Sugar
- Hb A 1 C
- Urea, Creatinine
- Uric acid
- Sr. Electrolytes

### 3. Lipid Profile

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides
- VLDL

### 4. Liver Function Test

- Total Protein
- SGPT, SGOT
- Alkaline Phosphatase
- Sr. Bilirubin

### 5. Other Test

- HBsAG, TSH
- HIV Screening (Optional)
- Routine Urine Analysis,
- Stool Test - Occult Blood, Ova cyst (optional)
- ECG (Resting)
- X-Ray Chest - PA View
- ECHO
- Ultrasound Abdomen
- PSA
- Dental Screening
- Physician Consultation (History & Clinical Examination, Medical Advice)
- Diet Counseling

### 1. Haemogram

- Haemoglobin
- Blood group & Rh Typing
- Complete Blood Count
- ESR

### 2. Bio Chemical Parameters

- Fasting Blood Sugar
- PP Blood Sugar
- Hb A 1 C
- Urea, Creatinine
- Uric acid
- Sr. Electrolytes

### 3. Lipid Profile

- Total Cholesterol
- HDL Cholesterol
- LDL Cholesterol
- Triglycerides, VLDL.

### 4. Liver Function Test

- Total Protein
- SGPT, SGOT
- Alkaline Phosphatase
- Sr. Bilirubin

### 5. Other Test

- HBsAG, TSH, Free T<sub>4</sub>
- HIV Screening (Optional)
- Routine Urine Analysis
- Stool Test - Occult Blood, Ova cyst (optional)
- ECG (Resting)
- X-Ray Chest - PA View
- ECHO
- Ultrasound Abdomen
- Pap Smear
- Mammogram
- Dental Screening
- Physician Consultation (History & Clinical Examination, Medical Advice)
- Gynae Consultation
- Diet Counseling